



Friday 29th September 2023

Dear Parent/Carers,

What a wonderful couple of weeks we have had. As I have walked around the building, I have seen lots of happy smiling faces engaged in a wide variety of different activities. Our whole school text 'Beegu' has promoted lots of discussion and classes have been exploring what is happening through different experiences.

Thank you for those of you that were able to attend our first three parental engagement evenings. We look forward to working more with you in the future as we continue on our development of the curriculum and share information with you.

We were disappointed that we had to postpone Colour Move but are looking forward to the new date next week (Friday 6th October) and hope to see some of you there.

The building work in school has been progressing swiftly, the Early Years playground looks amazing and will be open for the pupils to enjoy soon. Further improvements to other areas in the school are well underway and we hope you share our excitement in seeing the school develop.

Emma Peach

Interim Secondary Phase Lead and English Lead



Meet the Team

Sue Phipps

Interim Assistant

Academy Head

My name is Sue and I am proud to have stepped up to the position of Interim Assistant Academy Head, to lead on the development of a curriculum that has each and every child at its heart.

I have worked in Education for 18 years and chose to graduate in Special Education Needs and Inclusive Education, as the individual needs of children and young people should always be the priority.

I am looking forward to working with everyone in our school and extended community, to promote unity, equity, trust and success.



Clarkes Lane, Oulton Broad, Lowestoft, Suffolk NR33 8HT

Telephone: - 01502 561893

Email: - office@warrenschoool.co.uk Website: - www.warrenschoool.co.uk



Meet the Team

Kate Binding Assistant Academy Head

My name is Kate Binding and I am the Assistant Academy Head of Inclusion and I am so thrilled to be on this journey with you all.

I am very passionate about developing strong positive parent/teacher relationships, as I believe that communication is the key to your child's success, so I encourage you to contact me if you have any questions, comments, or concerns.

Want to know a little about me? When I am not in school, you will find me spending time with my family and friends, going to the theatre and watching rugby.



Post 16 information evening

On Monday 25th September a Post 16 information evening was held for pupils in year 10 and above. Several providers visited the school to showcase what they could offer pupils and answer questions that arose.

Providers included:

Sense <https://www.sense.org.uk/our-services/education-and-work/sense-college/>

East Coast College <https://www.eastcoast.ac.uk/>

Leading Lives <https://leadinglives.org.uk/lowestoft/>

Involve <https://www.involve-active.co.uk/>

Sendiass <https://suffolksendiass.co.uk/>

Warren School <https://www.warrenschooll.co.uk/>

The providers would welcome you to make contact and visit at an agreed time.

We will be highlighting different providers over the coming weeks.

This week is the turn of East Coast College.

They offer small classes, a range of course options along with support for your children. Please see below details regarding their open event. All are welcome.

Open Events - 7th and 14th
October

[Book your place to visit us!](#)



[ABOUT US](#) [JOB VACANCIES](#) [SIXTH FORM COLLEGE 12*](#) [MANAGEMENT](#) [GOVERNANCE](#) [LITERATURE](#)

[OFSTED](#) [STUDENT & STAFF LINKS](#) [CONTACT US](#)

Search ...

Search

Contact us on 0800 854 695

College Courses (aged 16 to 19)

University Courses (Degrees) ▾

Adult Courses ▾

Student and Parent Information ▾

Clarkes Lane, Oulton Broad, Lowestoft, Suffolk NR33 8HT

Telephone: - 01502 561893

Email: - office@warrenschooll.co.uk Website: - www.warrenschooll.co.uk

Class 1

Class 1 have been on a community visit this week to Oulton Broad Mini Zoo. We walked into Oulton Broad and spent an enjoyable morning with all the animals. We held the rabbits and guinea Pigs, who sat lovely on our laps. We fed the goats who were very greedy and just wanted all the food, they licked our hands and made us giggle. We met two miniature ponies, felt their soft fur when we stroked them and saw many different birds from different countries.



Class 2

Class 2 have had a wonderful first month at Warren, welcoming new faces and exploring our renovated class space and areas around the school. We have been very busy reading our book of the half-term 'Beegu', experiencing story massage, exploring fruits to make juice, engaging with 'What's in the Box?', making salt dough, painting, messy play, reading sensory stories and so much more! We are all looking forward to the year ahead. We are all very excited for our new Early Years playground to be completed in the coming weeks.

Saffron (EYFS Class Lead)



Clarkes Lane, Oulton Broad, Lowestoft, Suffolk NR33 8HT

Telephone: - 01502 561893

Email: - office@warrenschool.co.uk Website: - www.warrenschool.co.uk

At The National College, we provide everything educators and trusted adults need to strengthen, manage and evidence their professional, and personal development, in one place, on one platform. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.thenationalcollege.co.uk for further information and resources.

What Parents & Carers Need to Know about THE DANGERS OF VAPING

Data collected for ASH (Action on Smoking and Health) shows an increase in 11 to 17-year-olds experimenting with vaping: from 7.7% in 2022 to 11.6% in 2023. It's concerning that these age-restricted products are getting into the hands of under 18s as most contain nicotine, which can be detrimental to brain development and cause long-term addiction. Some schools have reported students having their focus in lessons affected by nicotine cravings; vaping in school toilets; and even trying vapes found in their local park. Raising awareness of the risks among young people could help to prevent these problems from escalating and reduce the number of young vapers.

WHAT ARE THE RISKS?

NICOTINE ADDICTION

Since they were initially developed to help people stop smoking, the vast majority of vape liquids contain nicotine. Not only is this a highly addictive stimulant, but it can also have detrimental effects on brain development in the under-25s. Nicotine can decrease the ability to pay attention, weaken impulse control, affect mood and increase the likelihood of substance addiction as an adult.

WHAT IS VAPING?

Vapes contain a liquid (vape juice/e-liquid) that is heated by a battery and evaporates, creating a chemical vapour which the user inhales. They can be disposable (once the liquid or battery runs out, the vape is thrown away) or rechargeable (the user replaces the liquid and recharges the battery on demand). Most vape liquids contain nicotine and other chemicals.

LACK OF AWARENESS

A proportion of young people tend to view vapes as harmless, mainly because of the products' appearance and the perception (often strengthened on social media) that "vaping is cool" and on trend. In many instances, young people don't fully appreciate the concept of addiction: that is, they aren't adequately aware of the risk of becoming hooked on nicotine before trying a vape.

POTENTIAL TOXICITY

Many vape liquids have been found to contain heavy metals such as lead, tin, nickel and (in some cases) mercury – all of which are toxic. These metals often take the form of tiny shards inside a device's liquid tank, which are then inhaled into the body. Some media reports have suggested these metals are particularly prevalent in illegally imported vapes which don't comply with UK regulations.

UNCLEAR LONG-TERM CONSEQUENCES

The liquids in vapes also contain solvents, which can create carcinogens at the point of evaporation. Vapes were only introduced into the UK in 2005 – and, because of the relatively short timeframe involved, there is insufficient medical evidence to assess the long-term harms that regular inhalation of these chemical fluids might have on the human body.

ATTRACTIVE PACKAGING

The packaging of many disposable vapes is very appealing to young people, frequently echoing the colours and flavours of the sweets or fizzy drinks they're used to buying. There's a relative lack of regulation around vape marketing, and vaping is often depicted positively on social media – which can lead young people to develop favourable views of vaping and overlook the possible harms.

ENVIRONMENTAL EFFECTS

In the UK alone, around 1.3 million disposable vapes go to landfill every week. Due to such significant numbers of these products not being recycled, their components – a lithium battery and a chemical liquid – pose a toxic risk to the environment, the ecosystem and wildlife. Vapes are also predominantly made of plastic and metal; materials that, of course, do not naturally decompose.

WIDER HEALTH CONCERNS

Studies are already showing a link between vaping and oral health problems such as tooth decay and gum disease. This is because vaping reduces the amount of saliva in the mouth, while increasing bacteria – resulting in bad breath and a build-up of plaque. There are also concerns that, in some users, vaping could lead to the development of asthma, a persistent cough and breathing difficulties.

UNREGULATED VAPING PRODUCTS

The number of retailers willing to sell vapes to under-18s is a worry, as the chance of these products being unregulated (and therefore containing illegal chemicals and higher levels of nicotine) is high. A related concern is that the mechanisms inside unregulated products are unlikely to have been tested and safety checked – presenting a possible fire risk if the liquid and battery come into contact.

SCARCE INFORMATION

The lack of information about the ingredients and potentially harmful chemicals in a vape is troubling. Some vape fluids (unregulated in the UK) contain traces of nuts, which can cause an allergic reaction or anaphylactic shock. To date, medical warnings aren't required on vape packaging – with only medical disclaimers being found on the websites of the various brands.

VAGUE INGREDIENTS LISTS

Early research has suggested that the chemicals used to produce some strawberry and banana flavour e-liquids can kill cells in the blood vessels and heart. These ingredients aren't identified on the packaging, instead falling under the umbrella term 'natural and artificial flavourings'. Such vague listings mean that consumers aren't aware of the liquid's content so can't identify potential risks.

Meet Our Expert

Run by the Cambridgeshire and Peterborough Healthy Schools Service (commissioned by Cambridgeshire County Council and Peterborough City Council), Catch Your Breath is a school-based project aimed at young people. Its goal is to embed a proactive, coordinated approach among both primary and secondary schools in discouraging smoking and vaping behaviours.



HEALTHY SCHOOLS
CAMBRIDGESHIRE & PETERBOROUGH

The National College

Source: <https://www.bsc.co.uk/news/health/05080924>



www.thenationalcollege.co.uk



@thenatcollege



/thenationalcollege

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 27.09.2023

Clarkes Lane, Oulton Broad, Lowestoft, Suffolk NR33 8HT

Telephone: - 01502 561893

Email: - office@warrenschool.co.uk Website: - www.warrenschool.co.uk



Arbor

The Arbor App is here!

At Warren School, we use a management information system named Arbor that holds our pupil data.

Parent Portal is a version of Arbor accessible to parents and guardians for us to share information about your child.

What do parents have access to?

What Parents can see and update from Parent Portal:

- The student's address and home phone number if they live with the student.
- Any student details they are marked down as a Primary Guardian for
- Any features switched on in the Parent Portal Settings page.
- Meal Balances
- Parent Consents
- Trips
- Parent Consultation/ Engagement Sessions

What Parents can't see:

- The student's address and home phone number if they don't live with the student.
- Another Guardian's address or contact details - they can only see their name.
- Documents attached to the student record.
- Notes pinned on the student profile.

We ask all Parents to please familiarise yourself with Parent Portal, please update pupil consents where requested.

Later in the year we will be sending our parents evening booking invites via Parent Portal

If you have any problems or queries regarding accessing Parent Portal, please contact the school office via email: office@warrenschool.co.uk or 01502 561893.



Sponsored Colour 2023 MOVE

Help us raise money for a sunshine minibus

Friday 6th October

Class 2 - 8

9.30am - 10.30am

Class 1 + 9 - 14

1.30pm - 2.30pm

COME AND SUPPORT OUR SPONSORED COLOUR MOVE
AND JOIN IN THE FUN!

TO ATTEND PLEASE EMAIL
OFFICE@WARRENSCHOOL.CO.UK

REFRESHMENTS AND SNACKS
AVAILABLE



Supported by
Warren Association

Charity Number: 289578



Clarkes Lane, Oulton Broad, Lowestoft, Suffolk NR33 8HT

Telephone: - 01502 561893

Email: - office@warrenschool.co.uk Website: - www.warrenschool.co.uk



**DON'T
MISS OUT!**



Do you have a
learning disability?



Are you 14 years
old or over?



**Get registered on your GP
surgery's Learning Disability
Register!**



**Get invited and attend your free
annual health check once a
year!**



Get your health action plan!



For more **information** talk to your **GP
surgery** or contact the liaison nurses:
Email: liaison.nursesLD@nsft.nhs.uk
Telephone: 01284 733300

Dates for your diary

<u>Date</u>	<u>Event</u>	<u>Who</u>
Saturday 30 th September 10am-3pm	Jumble Sale	Public
Tuesday 3 rd October	Flu Vaccinations	Pupils
Friday 6 th October 9:30am-10:30am	Colour Move Class 2-8	Lower School Pupils and Parents
Friday 6 th October 1:30pm-2:30pm	Colour Move Class 1 and 9-14	Upper School Pupils and Parents
Wednesday 11 th October	Prospective Parent Visit	New Admissions
Tuesday 17 th October 10am-11:30am	Share Morning	Parents and Pupils
Wednesday 18 th October	Parent Coffee Morning	Parents
Wednesday 18 th October 7:30pm	Warren Association AGM	Everyone
Friday 23 rd October	Last day of Half Term	Everyone
Monday 30 th October	PD Day	Staff
Tuesday 31 st October	Pupils Return to school	Pupils

Clarks Lane, Oulton Broad, Lowestoft, Suffolk NR33 8HT

Telephone: - 01502 561893

Email: - office@warrenschoo.co.uk Website: - www.warrenschoo.co.uk