

Date : Friday 6th January 2023

Dear Parents/ Carers,

A very warm welcome back, I hope that you have all had a peaceful and restful seasonal holiday. May I take this opportunity to wish you all a Happy New Year. We are looking forward to a positive and productive Spring Term.

Kind Regards,
Andrew.

Polite Reminder

As you will all be aware some pupils at Warren School can display challenging behaviour when emotionally heightened, therefore we ask all parents and carers to limit communication with our pupils when on the school site. It is not always appropriate to interact as this may have a detrimental effect on our Pupils. Thank you for your understanding.



Staff Training

We have both female and male members of staff across the school. All staff are provided with regular training and engage in personal care of our Pupils.

Parent/ Carer Engagement Session

All Parents & Carers are invited to attend the next Parent engagement session with Andrew Aalders-Dunthorne on Monday 30th January at Warren School between 6pm – 7pm. This will provide an opportunity to receive information regarding Consortium Trust and the plans for Warren School.

We hope to see you there.

Lemurs Class

Lemur's have been exploring their new classroom and are enjoying the different activities that have been on offer there.

This half term Lemur's are learning about transport. We have begun to name the different types of transport and have been using these in our play. We have especially enjoyed small world play with a farm and tractors and finding animals and vehicles in sensory play. In phonics we have been exploring the sound 's' through song, mark making, objects and paint. In maths we have been exploring size by learning about big and small and ordering our favourite vehicles by size.

In cooking we made biscuits in the shape of traffic lights and used smarties to choose the colours.



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Speech & Language Service

Our names are Emma and Melissa. We are Speech and Language Therapists and we work for Cambridgeshire Community Services (CCS). Our role includes providing Speech and Language Therapy input at Warren School, as well as seeing other children in the Great Yarmouth and Waveney area.

- We support children with speech, language and communication needs, to help them to communicate better.
- We carry out assessments, set goals and help the team around the child to use supportive communication approaches and strategies within everyday routines and activities.
- We can also provide therapeutic intervention (one-to-one or group) for a specified period of time when this is appropriate for the child and their communication needs.
- We help with low-tech communication support (using objects, signing, photos and symbols) and work closely with the Suffolk Communication Aids Resource Centre (SCARC) team who can assess and provide high-tech communication equipment (such as 'Talkpads').
- We do not routinely attend annual review meetings.

An updated assessment or new referral can be requested at any point throughout the year, if the child has met their previous goals or if there are new concerns. A member of class staff can make a new referral by meeting with us when we are in school or arranging via email to meet virtually, once they have parental permission. Parents can contact us directly via Just One Number on 0300 300 0123.

We also work with children who have eating and swallowing problems and can provide assessment, advice and training to make sure that children are experiencing safe and enjoyable mealtimes. Staff and parents should contact us on 0300 300 0123 as soon as possible if there are any concerns about a child's eating and/or drinking skills.

Please take a look at our website <https://www.justonenorfolk.nhs.uk/speech-language/>



UK Health Authority Guidance

In nurseries and schools, it is recognised that infections can be spread through direct physical contact between children and staff, and through shared contact with surfaces such as table tops, taps, toys and handles. Therefore, we wanted to highlight the following hygiene and infection control measures:

- Children and adults with streptococcal throat infection (as confirmed by a clinician) or Scarlet fever **should not return to nursery or school until at least 24 hours after starting treatment** with an appropriate antibiotic (after 48 hours if treated for impetigo)
- Hand hygiene - use liquid soap and water followed by method of drying, preferably paper towels
- Increase frequency and enhanced cleaning of key areas, especially bathrooms and all-touch surfaces.
- Respiratory hygiene and cough etiquette (Catch It Bin It, Kill It.)
- Children and Staff should be reminded that all scrapes or wounds, especially bites, should be thoroughly cleaned and covered.
- Sore throat: Parents should follow NHS advice about when to contact their GP or NHS 111 if they are concerned; NHS advice is that children with sore throat **and fever** should not attend School until well.

Please find attached an information sheet with further guidance.

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Butterflies Class



Butterflies settled back into their routine and shared lots of news about their Christmas holiday. We had the added excitement of celebrating a Butterfly birthday.

Peacocks Class

Peacock class have been settling back into School this week after the Christmas holidays. We are learning about colours and phonics this term. The pupils have been exploring sensory trays of colour, how to draw shapes of colour, fix puzzles together and find letters in word searches.

Online Safety

Please find attached an Online Safety newsletter for your information regarding online safety and useful tools that can assist you in keeping your child safe online.

Dates for your diary

<u>Date</u>	<u>Event</u>	<u>Who</u>
Wednesday 4 th January	Pupils return to school	All pupils
Sunday 15 th January	World Religion Day	All Pupils
Sunday 22 nd January	Lunar New Year	All Pupils
Thursday 26 th January	Australia Day	All Pupils
27 th - 29 th January	Big Garden Birdwatch	All Pupils
Sunday 29 th January	RNLI SOS Day	Pupils Years 7-14
30 th January- 6 th February	National Storytelling Week	All Pupils
Monday 30 th January	Parental Engagement Session	All Parents/ Carers
1 st - 28 th February	LGBTQ+ History Month	All Pupils
Thursday 2 nd February	Time to Talk Day	All Pupils
Friday 3 rd February	NSPCC Number Day	All Pupils
Tuesday 7 th February	Safer Internet Day	All Pupils
Friday 10 th February	Last day of term	Everyone
Saturday 11 th February	International Day of Women & Girls in Science	Pupils Years 7-14
Friday 17 th February	Random Acts Of Kindness Day	All Pupils
Monday 20 th February	Pupils return to school	All pupils & staff
Tuesday 21 st February	Language Day	All Pupils
Tuesday 21 st February	Shrove Tuesday	All Pupils
Thursday 2 nd March	World Book Day	All Pupils
Friday 31 st March	Last day of term	Everyone
Monday 17 th April	Staff PD Day	All staff
Tuesday 18 th April	Pupils return to school	All pupils & staff

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games and tech your children
are using, with the worlds
most comprehensive online
safety app for parents.

On the National Online Safety app you'll find:

- ✔ Hundreds of online safety guides on the topics you need to know about – from screen addiction, fake news and trolling to hacking, social media influencers and sexting;
- ✔ An online safety training course for parents – developed by our experts and delivered by online safety ambassador Myleene Klass;
- ✔ A user-friendly interface with increased functionality – find exactly what you need, when you need it;
- ✔ The option to get notifications to your phone as soon as new content becomes available – so you can stay up-to-date with the latest online crazes (and risks);
- ✔ An in-app voting system so you can help determine the subjects you'd like us to cover in future;
- ✔ The facility to personalise your content by favouriting key resources.

Download the free app today



Scan to download on
Apple App Store



Scan to download on
Google Play Store

or search for 'National Online Safety' in the store





Streptococcal infections (Scarlet fever, impetigo, etc)

Authors: Caesar Mensah and Tracey Sharpe

Version 2

The term streptococcal infections, covers a variety of diseases caused by certain bacteria called group A streptococci (strep). The commonest conditions are sore throat, and impetigo, which is a skin disease.

Sore throat is also caused by many other organisms, the commonest being viruses.

Scarlet fever usually follows a sore throat (strep throat) or skin infection (impetigo) caused by particular strains of group A strep. The scarlet fever rash occurs when the bacteria release toxins that make the skin go red.

You will only develop the symptoms of scarlet fever if you are susceptible to the toxins. Scarlet fever tends to be most common in winter and spring and commonly affects children aged between two and eight.

What are the symptoms?

It takes around one to four days to develop symptoms after being infected.

Sore throat: The throat feels sore and there may be fever, headache and enlarged tonsils with pain on swallowing.

Impetigo: The skin lesions consist of blisters and thick, yellow-brown crusts, which scab and then fall off leaving no scars. They usually start on the face, around the nose or mouth, and may spread to other parts of the body.

Scarlet fever: The symptoms of a sore throat develop and, after 12 - 48 hours, a rash that looks like sunburn (it feels like sandpaper to touch) appears. **Typically**, this first appears on the chest and stomach but soon spreads to other parts of the body. It may itch and is usually accompanied by other symptoms such as swollen neck glands, headache, nausea, fever and generally feeling unwell.

There may be flushing of the cheeks and a white coating on the tongue, which peels a few days later leaving the tongue 'strawberry red' and swollen.

The rash lasts for six days and then fades. Outer layers of skin, usually on the hands and feet, may peel for up to six weeks after the rash has faded.

There is no evidence that catching scarlet fever when pregnant will put your baby at risk. However, pregnant women should inform healthcare staff if they are in contact with streptococcal infections, such as scarlet fever, around the time of their delivery.

If you think you/your child may have a streptococcal infection, speak to your GP.

If you/your child feel very unwell with high fever, severe muscle aches, diarrhoea or vomiting, seek urgent medical help to rule out other more serious infections caused by these bacteria, which can be easily treated if caught early.

How are these infections treated?

- The infections are treatable with antibiotics, usually taken for 10 days. It is important to take the full course of prescribed antibiotics.
- Most people recover after four to five days

How does spread occur?

The disease is very contagious and can be caught by:

- breathing in the bacteria in airborne droplets from an infected person's coughs and sneezes
- direct or close contact with infected persons or persons carrying the bacteria in their nose, throat or on the skin
- sharing contaminated towels, baths, clothes or bed linen
- sharing contaminated drinking glasses, plates or other utensils.

It can also be spread by people who have the bacteria in their throat but do not show any symptoms (they are known as carriers).

How can infection be prevented?

- If your child has an infection, do not let them go to school/nursery and keep them away from other people until they have been on treatment for 24 hours.
- Bacteria can be transmitted by touching someone with a streptococcal skin infection or by sharing contaminated eating utensils, cups and glasses, clothes, baths, bed linen or towels. Don't share these items.
- All tissues and handkerchiefs that someone with scarlet fever has coughed or sneezed into should be washed or disposed of immediately.
- Good personal hygiene, especially hand washing, is important. Wash your hands thoroughly with soap and water, especially if you have touched any contaminated items.

Complications

Scarlet fever can be complicated by chickenpox. Children who have had **chickenpox** recently are more likely to develop more serious infection during an outbreak of scarlet fever. Parents therefore should remain vigilant for symptoms such as a persistent high fever, cellulitis (skin infection) and arthritis (joint pain and swelling). If you are concerned for any reason, please seek medical assistance immediately.



Broadband setup

05/01/2023

Keeping Children Safe at home

Have you set up appropriate settings on your broadband/Wi-Fi? Most broadband providers include parental controls for free as part of their broadband package, which means that any device that connects to your Wi-Fi will be protected by any controls you set up. Find out how to set yours up here:

Sky:

<https://www.sky.com/help/diagnostic/s/sky-broadband-buddy/sky-broadband-buddy>

BT:

<https://www.bt.com/help/security/how-to-keep-your-family-safe-online-with-bt-parental-controls-an>

Talk Talk:

<https://community.talktalk.co.uk/t5/Keeping-your-Family-Safe/bd-p/kfshub>

Virgin:

<https://www.virginmedia.com/broadband/parental-control>

Online Safety Newsletter

Video Chatting

Video Chatting Does your child use a web cam or a device to video chat? Video calls are a very popular way in which people connect with each other, this could be using Facetime on an iPhone, video calling in WhatsApp or perhaps livestreaming on social media as an example. You should talk to your child about who they chat with and what they are sharing when they do. As with all apps and websites that your child accesses, make sure they know how to use any reporting tools and they know how to block other users if necessary. It is important that your child is aware that what they say and do whilst video chatting can be recorded and shared later without their knowledge.

Childnet have written this blog to help you learn more about video chat and webcams. It also contains tips on how to manage risks whilst online:

<https://www.childnet.com/help-and-advice/video-chat-and-webcams-parents/>





Mastodon is rated 17+ by the App store and Google Play. It is a social network that has gained popularity recently. It has limited parental controls so we would recommend finding out more about this platform. Internet Matters have produced this article:

<https://www.childnet.com/help-and-advice/video-chat-and-webcams-parents/>



WHATSAPP

You must be at least 16 years old to register for and use WhatsApp. WhatsApp is a free messaging app that allows you to send messages, voice notes, photos and videos. What are the features of WhatsApp? Group chats: One of the key features is the group chat function. Everybody in the group, even if they are not one of your child's phone contacts, will be able to see all messages within that group. If your child is added to a group with someone that they have previously blocked, that person can still see their messages and send them messages within the group. In settings, you can change who can add your child to groups, for example, you can change it to 'my contacts', which means that only those in your child's contacts can add them to a group. You can leave a group chat at any point so talk to your child and encourage them to leave any chat that makes them feel uncomfortable. You can leave groups silently (only the admin will be notified). Location sharing: you can share your location on WhatsApp. Talk to your child about when this would be appropriate to use but also the potential danger of sharing their location, for example with strangers.

Blocking/Reporting: Show your child how to block and report. Online Bullying: WhatsApp has been used in instances of online bullying, e.g. to send nasty messages or share images of other children without their permission. It is important to have regular chats with your child about their online life and that they understand that they must talk to you or another trusted adult if they are being bullied. This is a helpful article from Family Lives, which talks about what to do if you are being bullied

<https://www.familylives.org.uk/advice/bullying/cyberbullying/what-to-do-if-you-re-being-bullied-on-a-social-network>

Disappearing messages: With disappearing messages, you can control how long a message can be seen for before it is deleted – 24 hours, 7 days or 90 days (once set, this will only work for new messages). View once messages: when sending a photo or video, you can set it so it can only be viewed once by respondents. Screenshots are also blocked when using this function. Choose who can see your profile pic and when you're online: In settings (privacy), you can choose who can and can't see when you're online and your profile pic. You can choose either Everyone, My Contacts, My Contacts except, and nobody.

Further information

<https://parentzone.org.uk/article/whatsapp>

Is YouTube safe?

The NSPCC have produced this article discussing the risks associated with using YouTube and the safety settings and features that are available depending on how old your child is and what they do on YouTube. You can access the article here

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog/how-to-keep-your-child-safe-on-youtube/>

TikTok refresh

What else is changing to help keep younger users safe?

- Restricting who can comment on their videos - users will be able to choose whether their 'Friends' or 'No One' can comment on their account, but the option for 'Everyone' to comment will no longer be available to under 16s
- Changes to the Duet and Stitch settings - these popular features will only be available to users aged 16 and over. The default setting is also changing to 'Friends' for those aged 16-17
- Changes to the rules on downloads - users will only be able to download videos created by content creators aged 16 and over. For those aged 16-17, the default setting will now be changed to 'Off', although they can still enable downloads
- The "Suggest your account to others" will be automatically set to 'Off' for users ages 13-15

<https://www.tiktok.com/safety>

<https://parentzone.org.uk/article/tiktok>