



**Explorers Curriculum**  
**Cycle - Year 1 – Senior – Year 7**

Year 1	Autumn	Spring	Summer
Topic	All about me Key Enquiry Question: Who am I?	People who help us Key Enquiry Question: Who helps me and how?	Weather and natural disasters Key Enquiry Question: What is the weather like and how does it affect us?
Power of Reading	Lower Senior – Stanley's stick Upper Senior - Gorilla All - Traditional stories; Little red riding hood and other stories, 3 billy goats gruff	Lower Senior – Pet potato Upper Senior - The bee who spoke All - Poetry: The puffin book of first poems	Lower Senior – One day on our blue planet and What it's like to be a bird Upper Senior - Slug life and Hummingbird
Communication, Language and Literacy	<b>Communication</b> • Role play – dressing up, favourite clothes • Multisensory vocabulary, Talking Mats, Colourful Semantics (photos of activities students are doing in school) • Simple name acrostic poems • I like poems / I am poems <b>Literacy</b> • Sensory version of "Oliver Twist" • Dr Seuss - "Oh, the Places You'll Go!" • Sensory stories • Attention Autism • Poetry: Ahlberg - "Please Mrs Butler" • R.L. Stevenson – "The Land of Nod"	<b>Communication:</b> Role play: doctors, firefighters, teachers, etc. Describing jobs and uniforms using Colourful Semantics Talking Mats: who helps me at home/school Create a class poem: "Thank You Helpers" <b>Literacy:</b> Sensory stories about community helpers Create simple information texts about helpers Explore poems about kindness and helping Attention Autism linked to helper roles	<b>Communication:</b> Weather role play (rain, sun, wind) Describing weather using sensory vocabulary Create a weather poem or chant <b>Literacy:</b> Sensory stories about storms, sunshine, snow Explore non-fiction texts about weather and animals Create a weather diary with symbols and photos
Personal, Social & Emotional Development	<b>RSHE</b> • My Body • Health and Being Safe: Appropriate touch • Identifying Emotions – Zones of Regulation (Use of AAC) <b>Work Related Learning:</b> • Collect information on your personal details, e.g., name, age, etc. with support	<b>RSHE:</b> Who keeps me safe? Stranger danger and trusted adults Zones of Regulation: how helpers support emotions <b>Work Related Learning:</b> Explore jobs in the community Role play and dress-up as different professionals Create a "My Dream Job" poster	<b>RSHE:</b> How weather affects mood and routines Safety during extreme weather Zones of Regulation: weather and emotions <b>Work Related Learning:</b> Jobs linked to weather (e.g., meteorologist, gardener) Explore how weather affects work and travel

<b>Physical Development and Health</b>	<p><b>PE</b> • Sensory Games • Sensory Circuit • Sensory activities- Tac Pac/ Animal Massage - Throwing and Jumping - Handball</p> <p><b>Food and Nutrition:</b> • Choosing favourite meals • Making healthy choices • My cooking skills • (Intensive interaction) • Likes/Dislikes – textures, smell, taste, colour, look</p>	<p><b>PE:</b> Sensory circuits themed around helper actions (e.g., lifting, running) Games that involve teamwork and helping others</p> <p><b>Food and Nutrition:</b> Making snacks for helpers Exploring healthy meals helpers might eat Hygiene routines for food preparation</p>	<p><b>PE:</b> Movement games inspired by weather (e.g., blowing wind, jumping rain) Outdoor sensory circuits</p> <p><b>Food and Nutrition:</b> Seasonal foods and snacks Preparing summer treats (fruit salads, smoothies) Exploring textures and colours of seasonal produce</p>
<b>Independent Living</b>	<p>• Hand washing • Tooth brushing • Using cutlery • Sorting cutlery • Washing dishes • Requesting snacks • Dressing up • Putting coats and bags on the peg</p>	<p>Practice routines like tidying up, helping a peer, setting the table Role play: helping at home and school Create a “Helping Chart” for classroom responsibilities</p>	<p>Dressing for the weather Packing a bag for different weather conditions Weather-related routines (e.g., sunscreen, raincoat)</p>
<b>Problem Solving &amp; Reasoning</b>	<p>Drawing around the body • Making face/body parts using Play Doh • ‘One’ and ‘lots’ (friends and family) • ‘Same’ and ‘Different’ • Counting with my fingers • Finger painting • Puzzles of their own face and body</p>	<p>Sorting and matching tools to helpers (e.g., stethoscope to doctor) Puzzles and games about community roles Counting and comparing helpers in stories</p>	<p>Sorting clothes and items by weather Matching weather symbols to conditions Counting sunny vs rainy days</p>
<b>Understanding the World</b>	<p><b>R.E.:</b> • My beliefs and values. Religious symbols • How I celebrate Diwali, Christmas and other Autumn celebrations</p> <p><b>Humanities:</b> • My History and Geography • My Timeline • My class and my school map work</p> <p><b>Science:</b> • Identifying body parts through role play and games • Creating sensory skeleton puppets <b>Computing:</b> • Taking photos of each other / selfies – using camera and iPad • Create a collage of images • Make a class video of saying ‘hello’ • Ask permission to use technology, take turns with peers, create a Christmas / greetings card to send, create a calendar with photograph on</p>	<p><b>RE:</b> Stories of religious figures who help others Celebrations of kindness and giving (e.g., Easter, Holi)</p> <p><b>Humanities:</b> Maps of local services (hospital, fire station) Timeline of how helping roles have changed</p> <p><b>Science:</b> Explore materials used by helpers (e.g., uniforms, tools)</p> <p><b>Computing:</b> Create posters about helpers using iPads Take photos of role play and make a class ebook Discuss safe technology use when asking for help</p>	<p><b>RE:</b> Weather in religious stories and festivals Celebrations linked to seasons (e.g., Summer Solstice)</p> <p><b>Humanities:</b> Natural disasters around the world Map work: where do different weather types occur?</p> <p><b>Science:</b> Explore water cycle, seasons, and animal adaptation Simple experiments: melting ice, wind power</p> <p><b>Computing:</b> Create a weather report video Use apps to track weather Make a digital weather chart</p>
<b>Expressive Art &amp; Design</b>	<p><b>Art:</b> • To identify parts of the body, exploring varied materials/ art techniques with different body parts • How does your body respond to touch of varied materials • Decorate own outfit • Exploring paints – self-portrait • Handprints, footprints • Face paint</p> <p><b>Music:</b> • Using various parts of the body to make music in the style body percussion including use of voice • Make links to books being studied • Using syllabic call-and-response to introduce themselves– videos to be created</p>	<p><b>Art:</b> Create portraits of helpers Design uniforms and badges Collage of community helpers</p> <p><b>Music:</b> Songs about helping Create soundscapes for different jobs (e.g., sirens, tools) Call-and-response songs: “Who helps me?”</p>	<p><b>Art:</b> Create weather-themed art (rain painting, sun collages) Explore textures and colours of nature</p> <p><b>Music:</b> Soundscapes of storms, sunshine, wind Create instruments to mimic weather sounds Weather-themed songs and rhythms</p>

