



Year 1	Autumn	Spring	Summer
Topic	Keeping Healthy: Key Enquiry Question: How do I keep myself healthy?	Let is grow Key Enquiry Question: How do things grow and change?	Countries of our world Key Enquiry Question: What makes each country unique?
Power of Reading	Lower Senior – Stanley's stick Upper Senior - Gorilla All - Traditional stories; Little red riding hood and other stories, 3 billy goats gruff	Lower Senior – Pet potato Upper Senior - The bee who spoke All - Poetry: The puffin book of first poems	Lower Senior – One day on our blue planet and What it's like to be a bird Upper Senior - Slug life and Hummingbird
English	Poems about trees, flowers, and autumn; leaf poems using sensory language. Explore Ode to Autumn and identify figurative language like onomatopoeia. Discuss healthy habits and routines using role play and visual prompts. Build descriptive sentences using Colourful Semantics; explore vocabulary linked to health, nature, and emotions.	Write poems and short stories about growth and change. Explore metaphor and simile in poetry (e.g., growing like a tree). Create instructions for planting seeds. Read and respond to texts about gardens, plants, and nature.	Write postcards and travel diaries from different countries. Explore descriptive writing using sensory language. Read stories and poems from around the world. Create fact files about chosen countries.
Mathematics	Number: Counting and recognising numbers up to 100; exploring 10 more/less; Roman numerals to X. Measurement: Use scales to weigh healthy ingredients; measure height and pulse before/after exercise. Data Handling: Create pictograms and bar charts showing healthy habits (e.g., sleep, water intake). Time: Explore daily routines and durations of activities (e.g., brushing teeth, exercise).	Measure plant growth using rulers and record data. Explore patterns in nature (e.g., Fibonacci sequence in flowers). Count seeds, petals, and leaves. Use tally charts and pictograms to record plant observations.	Explore currency and simple conversions. Compare temperatures and time zones. Use maps to measure distances. Create bar charts of favourite countries or foods.
Science	Focus: Heat and energy.	Investigate plant life cycles and what plants need to grow.	Investigate climates and ecosystems around the world.

	<p>Activities: Investigate how heat transfers between objects (e.g., metal spoon in hot water); explore changes of state (e.g., melting chocolate).</p> <p>Recording: Use diagrams, photos, and simple tables to record observations; describe findings using symbols and key vocabulary.</p>	<p>Conduct experiments: growing seeds in different conditions. Explore photosynthesis in simplified terms. Record findings using drawings, labels, and simple graphs.</p>	<p>Explore how animals and plants adapt to different environments.</p> <p>Study simple geography-linked science (e.g., volcanoes, oceans).</p> <p>Record findings using diagrams and simple reports.</p>
Humanities	<p>Henry VIII and the Reformation A more detailed exploration of Henry VIII and the Reformation using simple historical evidence.</p>	<p>Explore farming and food production in the UK and globally. Study historical gardens (e.g., Tudor gardens). Map work: where do different plants grow?</p>	<p>Explore cultures, traditions, and landmarks of different countries.</p> <p>Study flags, languages, and customs.</p> <p>Map work: locate countries and continents. Compare life in the UK with other countries.</p>
Art	<p>Focus: Music, art, theatre, and fashion as expressions of identity and health.</p> <p>Activities: Create self-portraits showing emotions; design healthy lifestyle posters; explore colour and texture in nature-themed art.</p> <p>Skills: Use mixed media to express feelings; explore line, tone, and pattern.</p>	<p>Create botanical drawings and paintings. Use natural materials to create textured art. Explore artists like Georgia O'Keeffe and Andy Goldsworthy. Create a class mural of a growing garden.</p>	<p>Create art inspired by global cultures (e.g., Aboriginal dot painting, African masks).</p> <p>Explore traditional patterns and textiles. Create a class "World Gallery" display.</p>
Food and Nutrition	<p>Making simple breakfast foods using different cooking methods Using microwave, hob and grill Know the benefits of eating breakfast</p>	<p>Prepare simple plant-based meals (e.g., salads, vegetable wraps). Explore seasonal fruits and vegetables. Discuss the importance of a balanced diet and plant-based nutrition.</p>	<p>Prepare simple dishes from different countries (e.g., Mexican wraps, Italian pasta).</p> <p>Explore spices and ingredients from around the world. Discuss food customs and celebrations globally.</p>
Computing	<p>Patterns, Beebots: Practice keyboard / mouse skills, identify patterns and make predictions, identifying and debugging simple errors in BeeBot programs</p>	<p>Create a digital diary of plant growth. Use simple animation to show a seed growing. Explore apps for identifying plants and flowers.</p>	<p>Create a digital travel brochure or presentation. Use maps and apps to explore countries. Research and present facts using multimedia.</p>
Music	<p>Students should begin to develop their knowledge of instruments of the brass and percussion families in a variety of different styles and contexts e.g. name the instruments, identify commonalities, attribute timbre and tonality etc.</p>	<p>Compose music inspired by growth and nature. Use instruments to mimic natural sounds (e.g., rustling leaves). Sing songs about spring and growing.</p>	<p>Listen to and respond to music from different cultures. Explore instruments from around the world. Create a class performance inspired by global rhythms.</p>
PE	<p>Focus: Paralympic Games and fitness.</p> <p>Activities: Participate in adapted sports (e.g., Boccia, Kurling); explore fitness routines; track progress over time.</p> <p>Skills: Develop coordination, stamina, and teamwork; promote inclusion and resilience.</p>	<p>Movement inspired by growth (e.g., stretching, flowing). Gardening-based physical activities. Continue health and fitness routines with a spring theme.</p>	<p>Play traditional games and dances from other countries. Explore Olympic sports and global competitions. Continue health and fitness with a global theme.</p>

<p>RE</p>	<p>Learning about the history and importance of the Torah and the Guru Granth Sahib to Sikh and Jewish people Understanding the significance of Diwali for Hindu people.</p>	<p>Explore religious festivals linked to growth and renewal (e.g., Easter, Holi). Discuss spiritual growth and personal development. Create symbols of growth from different faiths.</p>	<p>Explore world religions and places of worship. Discuss festivals and celebrations from different cultures. Create a class "World Faiths" display.</p>
<p>RSHE</p>	<p>Healthy family relationships Incorporating DfE strand 'The Law' - A detailed exploration of the importance of a loving family relationship Exploration into legal obligations within a family</p>	<p>Explore emotional growth and resilience. Discuss changes in the body and mind. Promote self-care and personal development.</p>	<p>Promote respect and understanding of different cultures. Explore identity and belonging in a global context. Discuss global citizenship and kindness.</p>
<p>Work related Learning</p>	<p>Focus: Enterprise and charity. Activities: Plan and run a mini-enterprise project (e.g., healthy snack sale); choose a class charity and donate proceeds. Skills: Develop teamwork, money handling, and communication; reflect on social responsibility.</p>	<p>Explore jobs linked to growth (e.g., gardener, farmer). Create a simple job profile or interview a local grower. Plan and run a class plant sale or garden project.</p>	<p>Explore jobs linked to travel and culture (e.g., tour guide, chef). Create a class travel agency project. Plan a virtual trip and present it to peers.</p>

