



Explorers Curriculum
Cycle - Year 1 – Senior – Year 10

Curriculum Map: 2025-26

Year 1	Autumn	Spring	Summer
Topic	<p>Keeping Safe</p> <p>Key Enquiry Question: How do I keep myself safe?</p>	<p>Our city</p> <p>Key Enquiry Question: What makes our city special?</p>	<p>Our changing planet</p> <p>Key Enquiry Question: How is our planet changing and how can we help?</p>
Power of Reading	<p>Lower Senior – Stanley's stick Upper Senior - Gorilla All - Traditional stories; Little red riding hood and other stories, 3 billy goats gruff</p>	<p>Lower Senior – Pet potato Upper Senior - The bee who spoke All - Poetry: The puffin book of first poems</p>	<p>Lower Senior – One day on our blue planet and What it's like to be a bird Upper Senior - Slug life and Hummingbird</p>
Communication, Language and Literacy	<p>Communication: • Auditory discrimination through environmental sounds: animals, emergency services/road traffic sounds • Role play, asking for my wants and needs • Being safe with fireworks – communicating key words related to safety Literacy: • Fiction: John Wood - "People Who Help Us" • Beyond Words Books: "Sonia's Feeling Sad", "Falling in Love" • Sue Graves - "Giraffe is Left Out", "Turtle Comes Out of Her Shell" and "Flamingo Is Brave" • Drama: Simplified version of "Romeo & Juliet" • Non- Fiction: books on Diwali, Remembrance and Guy Fawkes. • Media texts – Safety • Poetry: Simple war poetry</p>	<p>Communication: Role play city experiences (bus stop, café, park) Use AAC and Colourful Semantics to describe places and people Talking Mats: favourite places in the city Literacy: Sensory stories about urban adventures Non-fiction texts on city life and landmarks Create a class city guide with photos, captions, and symbols Explore poems about cities and community</p>	<p>Communication: Role play environmental actions (recycling, planting) Use AAC to express opinions and describe nature Colourful Semantics to describe environmental changes Literacy: Sensory stories about climate and conservation Non-fiction texts on environmental issues Create a class eco-guide with photos and symbols Explore poems about nature and the Earth</p>
Personal, Social & Emotional Development	<p>RSHE • Feeling Safe • Online Safety • Body Autonomy: Drugs/Alcohol • Anti- bullying week Work Related Learning • Accepting the help and support of others</p>	<p>Understanding community roles and responsibilities Zones of Regulation linked to busy environments Work Related Learning: Explore jobs in the city (shop assistant, bus driver)</p>	<p>Caring for the planet and living things Zones of Regulation linked to environmental emotions Work Related Learning: Explore green jobs (gardener, recycling worker) Role play eco jobs</p>

		<p>Role play city jobs Create a "My City Job" poster</p>	<p>Create a "My Planet Job" poster</p>
<p>Physical Development and Health</p>	<p>PE: • Bikeability – Cycling, Scooter • Sensory circuits – self-regulation - Throwing and Jumping - Handball Food & Nutrition: • Safety and hygiene in the kitchen • Tasting hot and cold foods • Using equipment safely to make simple breakfast food</p>	<p>PE: Movement games inspired by city life (e.g. crossing roads, walking routes) Sensory circuits with urban themes Food & Nutrition: Exploring foods found in the city (e.g. bakery, café) Preparing simple snacks from local shops Hygiene routines for public eating spaces</p>	<p>PE: Movement games themed around nature (e.g. animal walks, tree poses) Outdoor sensory circuits Food & Nutrition: Exploring sustainable foods Preparing simple plant-based meals Sorting foods by environmental impact</p>
<p>Independent Living</p>	<p>• Brushing teeth • Chopping foods • Healthy and unhealthy foods • How to behave in the toilet, outside, bus, dining hall, classroom</p>	<p>Navigating the city using visual maps Identifying safe places and behaviours Creating a city routine chart (e.g. travel, shopping, visiting)</p>	<p>Recycling routines Sorting waste and compost Creating a visual eco-schedule Practising water and energy saving habits</p>
<p>Problem Solving & Reasoning</p>	<p>Puzzles – emergency services • Matching • Bee-Bots: obstacle course • Sorting – potential dangers (knives/ animals) • Safe things to eat for the body • Patterns – fruit and veg • Hot/Cold</p>	<p>Matching landmarks to names Sorting city items (e.g. transport, buildings) Counting steps in city routines Sequencing a city journey</p>	<p>Sorting recyclable materials Matching actions to environmental impact Counting eco tasks completed Sequencing steps in recycling or planting</p>
<p>Understanding the World</p>	<p>R.E.: • How do religious practices, prayer and meditation help us to feel safe • Simplified work on the teachings of the prophets and how religious teachings can make us feel safe Humanities: • Keeping safe in the war - World War I and II - Evacuation • Remembrance Day • Wars today in the Ukraine, Syria and Sudan Science: • Bones and looking after our bodies • Sensory exploration of hot and cold • Dangers in the home – linked to Acids and Alkalis Computing: • Simple instructions with Bee-Bots to move around town map – police station, fire station etc. • Explore Twinkl people who help us ebook and create a similar by choosing images and text from a given selection • Discuss: following instructions, using equipment safely and asking permission to use equipment • Create a Christmas / greetings card to send, create a calendar with photograph on</p>	<p>RE: Places of worship in the city Exploring religious diversity and celebrations Humanities: Mapping the local area Identifying key services and buildings Science: Exploring materials used in city buildings Investigating light and sound in the city Computing: Create a digital city tour Use apps to explore local landmarks Make a class slideshow of "Our City"</p>	<p>RE: Stewardship in different religions Celebrating Earth Day and nature festivals Humanities: Exploring global changes and climate maps Comparing environments across the world Science: Investigating pollution, weather patterns, and habitats Sensory exploration of natural materials Computing: Create a digital eco-poster Use apps to track environmental changes Make a class slideshow of "Our Planet"</p>

<p>Expressive Art & Design</p>	<p>Art • To explore feelings through music and different art materials. • Clay/colour mixing • To explore different Artists who used music to and explore express emotions/feelings</p> <p>Music: • Protest songs- Soul and Rap- the music of the Civil Rights Movement • Create a simple protest song to be performed / recorded for the show</p>	<p>Art: Cityscape collages Drawing landmarks and street scenes Creating signs and posters</p> <p>Music: Urban soundscapes Songs about city life Composing rhythms inspired by traffic and street sounds</p>	<p>Art: Recycled art projects Nature sculptures using found materials Posters for change and awareness</p> <p>Music: Songs about the Earth and nature Soundscapes of forests, oceans, and weather Composing rhythms using natural materials</p>
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